

PREPARING FOR WHAT'S IMPORTANT

Roger: Being prepared is definitely a matter of life and death in emergency services. If you don't get to that person and you are not physically and mentally ready, that person can easily lose their life.

You have to be prepared for any given scenario - we have to be ready at a moment's notice to jump in an ambulance that has to be ready to go. If it's not prepared or it doesn't have proper stock or expired medication, then it's no use because we can't help whoever we're supposed to go out to.

When I was 25-years-old, it didn't take me anytime at all to recover from a 14-hour shift -where as now, it definitely takes its toll. I'm hoping to transition into retirement sooner or later and be able to have the time and hopefully the finances to do the things that we want to do. If you don't work for it, you're not going to be able to retire in the lifestyle that you're accustomed to. I try to put in x amount of dollars per month into that retirement savings plan and we've done a pretty good job so far.

We have a total of seven kids and when they get together it's usually rowdy and loud and fun and that's how we like it. We love to travel - I would like to travel to Europe - if we could afford to pay for the grandkids that would be fun. The more time we can spend with them the better. If you don't prepare you may not have the savings or you may not have the ability to visit your family and to me that's the most important thing.

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