

## **FEAST**

Feast is a delicious food company, and we deliver healthy, local food that people can order really simply on their phone through an app.

It makes life really easy for busy time-pressed people.

I'm Trish Magwood, and my job is SVP Food Experience at Feast.

We serve hundreds of people every day of the week lunch in busy downtown Toronto.

The important part to us is trusted third party suppliers, farmers, growers who are local and they're people we know and trust.

Today's sandwich is grilled halloumi, roasted eggplant, caramelized sweet potato, walnut pesto and roasted Roma tomatoes.

Our day starts in the kitchen, getting all of our lunch assembly ready.

Mid- to late-morning our servers pack up their bikes and their cars with our heated bags and our cooler bags, and they're ready to hit the road and bring customers meals in under twenty minutes.

We're constantly listening to our customers, and we're able to be agile and adapt to what they are looking for, and we think there's a real balance between an adventurous eater and encouraging people to try new things, and the tried and true traditional dishes.

Feast is like a family – we're all busy, working individuals and parents, so we really value the importance of good-quality wholesome food, so that we can feed you well and you can be well from the food that we serve you.

**You Are Ready. Go.**

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