



## Manulife Vitality: Signing up for Manulife Vitality for Group Benefits Transcript

### **Signing up**

(A computer with the words Signing up below it then fades. The words The Manufacturers Life Insurance Company (Manulife) appears on screen.)

### **for Manulife *Vitality* for Group Benefits**

(Displays the Manulife and Vitality logos then moves down screen)

### **Is easy.**

(The words is easy swipes in then moves down screen)

### **To begin, sign in to your Manulife Group Benefits Account or go to [Manulife.ca/signin](http://Manulife.ca/signin)**

(Shows the plan member site on a laptop with a solid green background. The words Sign in to your Manulife Group Benefits account fades in then out on screen. [www.manulife.ca/signin](http://www.manulife.ca/signin) fades in and out on the screen)

### **Click Sign up for Manulife *Vitality*.**

(A close up of the Manulife Group benefits site is displayed with a rotating banner showing a story about OHIP plus then Manulife Vitality. There are four buttons on the screen from left to right they are My benefits card, Sign up for Manulife *Vitality*, Send documents, and Submit a claim)

### **This gives you information about the program, including Frequently Asked Questions.**

(A new page is displayed with information about the Manulife *Vitality* program. Sections include: What is Manulife *Vitality*, How does it work, Know your health with a clipboard icon beside it, improve your health with a heartbeat icon beside it, enjoy the rewards with a trophy icon beside it and How do you get started)

### **Click Sign up now.**

(The cursor moves to and clicks the Sign up now button and the screen disappears)

### **A new tab will open where you need to review and accept the Program Terms and Conditions and Data Consent. You can also review the Vitality Privacy Policy.**

(A new tab opens of the Vitality Lite site. The terms and conditions, and data consent pop up on the screen. The cursor scrolls through them quickly. The screen is then swiped to the left and disappears)

**Now that you're signed up, it's time to download the app. To get the app, go to the App Store or Google Play.**

(The words Download the app appear on screen then the App Store and Google Play icons appear. The visuals then swipe off screen)

**Be sure to choose Manulife *Vitality* G-r-p Benefits.**

(A phone displaying the Manulife *Vitality* G-r-p Benefits app icon appears along with the Manulife and Vitality logos. Then G-R-P Benefits appears on screen. The screen then swipes away to a solid green background.)

**After you've downloaded the app, open it.**

(A phone spins onto the screen displaying a variety of app icons. The Manulife *Vitality* G-r-p benefits app is clicked and opened)

**On the Welcome page, click I have activated the Manulife *Vitality* program.**

(The app opens to a green screen with information about the Know your health app section, then swipes to a blue screen with information about the improve your health section, then swipes to a red screen with information about enjoying weekly rewards. The login page swipes in displaying the Manulife logo, a Welcome section saying in order to enjoy the Manulife *Vitality* program you first need to activate it on the Manulife website, and a button saying I have activated the Manulife Vitality Program. The button is clicked, and a new page opens)

**On the sign in page, enter the same information you use to access your Manulife Group Benefits Account.**

(The sign in page is displayed with sections to input your Manulife Group Benefits plan contract number, member certificate number, password and a sign in button. Sign in information is inserted into the fields)

**Click Sign-in.**

(The sign in button is clicked and the app loads)

**Next, you'll need to Review and Accept the Mobile Terms and Conditions.**

(The mobile terms and conditions are displayed on a phone and scrolled through.)

**You'll then be asked to confirm your Communication, Privacy and Security preferences.**

(The communications preferences screen opens with options for email and push notifications. The words communication, privacy and security show on screen along with the app pages.)

**Be sure to enable email communications and notifications.**

(The communication preferences screen displays again, and the email notification button is turned on as the words enable email communications and notifications is displayed on screen)

**If not, you could miss out on receiving some important program information or rewards.**

(The words don't miss important program information or rewards fades on screen then off the screen.)

**Once you've confirmed your settings, you're ready to start using the app!**

(The phone moves to the middle of the screen and the profile settings screen is displayed, then changes to the app home screen)

**For more details, view the video – Getting started using the Manulife *Vitality* for Group Benefits app.**

(The phone spins to the right side of the screen and starts swiping through cards in the know your health and improve your health sections. The words for more details view the video Getting started fade on the screen with a small video player underneath showing the video.)

**Manulife *Vitality* – Live healthy. Earn rewards.**

(The background swipes to navy blue and the legal disclaimer along with the words Manulife *Vitality*, Live Healthy, Earn Rewards with a trophy icon are displayed. The screen swipes to the Manulife life logo and displays on screen.)

## Legal disclaimers follow

The Manufacturers Life Insurance Company (Manulife)

The Vitality Group Inc., in association with The Manufacturers Life Insurance Company, provides the Manulife *Vitality* program. Vitality is a trademark of Vitality Group International, Inc., and is used by The Manufacturers Life Insurance Company and its affiliates under license. Manulife, Manulife & Stylized M Design, and Stylized M Design are trademarks of The Manufacturers Life Insurance Company, and are used by it, The Vitality Group and its affiliates under license. PO Box 2580, STN B Montreal QC H3B 5C6.

Apple, the Apple logo, iPhone, and iPad are trademarks of Apple Inc., registered in the U.S. and other countries and regions. App Store is a service mark of Apple Inc.

Google Play and the Google Play logo are trademarks of Google LLC.