

# You have complimentary access to virtual care – 24/7, from anywhere in Canada.

As an employee, your benefits program includes Healthcare Online services delivered through **TELUS Health Virtual Care**. This gives you and your immediate\* family on-demand, anytime access to healthcare practitioners for help with your primary physical and mental health concerns.



## Our team can help with:

- Prescriptions
- Diagnosis
- Medical advice
- Mental health
- Specialist referrals
- Lab work requests

## Activate your account today so you can use virtual care as soon as you need it.

1. To register, visit [manulifehealthcareonline.ca](https://manulifehealthcareonline.ca) or scan the QR code.
2. Enter your Manulife Certificate and Plan Contract number.
3. Select “Send me my activation link,” then look for an email from TELUS Health Virtual Care.
4. Download the app, open it, and sign in to set up your profile.



Questions? [help@vc.telushealth.com](mailto:help@vc.telushealth.com)



\* Spouse and children under 26  
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