You have complimentary access to virtual care – 24/7, from anywhere in Canada.

As an employee, your benefits program includes Healthcare Online services delivered through **TELUS Health Virtual Care**. This gives you and your immediate* family on-demand, anytime access to healthcare practitioners for help with your primary physical and mental health concerns.



Our team can help with:

- Prescriptions
- Diagnosis
- Medical advice
- Mental health
- Specialist referrals
- · Lab work requests

Activate your account today so you can use virtual care as soon as you need it.

- To register, visit <u>manulifehealthcareonline.ca</u> or scan the QR code.
- 2. Enter your Manulife Certificate and Plan Contract number.
- 3. Select "Send me my activation link," then look for an email from TELUS Health Virtual Care.
- 4. Download the app, open it, and sign in to set up your profile.



Questions? help@vc.telushealth.com



