



**Start/Finish**  
RIM Park  
Manulife Financial Sportsplex  
and Healthy Living Centre



● rest stations  
➡ 25 km route

# Manulife Bike & Hike for Heart

## b i k i n g   r o u t e   m a p

### 25 KM ROUTE

- Millenium Blvd to University Avenue
- Left on University Avenue to Bridge Street 3.7 km
- Right on Bridge Street to Lexington 1.3 km
- Left on Lexington (turns into Columbia) to Weber St. 2.5 km
- Right on Weber Street to King St 0.4 km
- Right on King Street to 500 King St N (Manulife Financial) 0.7 km
- Left on King Street to Columbia Rd 1.0 km
- Right on Columbia Rd to Hagey Blvd 1.9 km
- Right on Hagey to Bearinger Rd. 1.2 km
- Left on Bearinger Rd (which turns into Fischer-Hallman) to Columbia Rd. 3.2 km
- Left on Columbia Rd. (turns into Lexington) to University Ave 7.2 km
- Left on University Avenue to Millenium Blvd. 1.9 km
- Right on Millenium Blvd. to FINISH